



## WACTC PROMISING PRACTICES WEBINAR: MEETING STUDENT MENTAL HEALTH NEEDS

On Thursday, February 17, 2022, from 1:00 – 2:30 p.m. we will present the next Promising Practices webinar: Meeting Student Mental Health Needs

Please join host President Sara Thompson Tweedy (Big Bend Community College), Christine McMullin (SBCTC), and a panel of speakers who will share their efforts to meet student mental health needs.

- **Grays Harbor College:** Increasing Mental Health Services on Campus: The Experience of a Rural Serving Community College in Washington State

This mini session will highlight Grays Harbor College's efforts since 2017 to increase access to mental health counseling and services on campus. The approach emphasizes the importance of student engagement, building a robust network of campus stakeholders dedicated to the care and support of all students, and expanding external community partnerships. The session will include ideas and steps an individual, groups or institution can take to support the continued development of mental health programs and services on your campus.

- **North Seattle College:** Engaging and Collaborating with Students to Increase Equitable Access to Services: A Paradigm Shift in Delivering Mental Health Services on College Campuses

Is your college wondering how to close equity gaps and increase access to mental health services? Join North Seattle College counselors to learn how they are working with students as thought leaders and stakeholders to re-imagine community-oriented mental health services on their campus.

- **Big Bend Community College:** COVID Stress & Trauma Education Program for Employees: Supporting Employees so They Can Support Students

Those who work in the community college system face many of the same stressors their students face. Big Bend Community College recognized the need to support employees who in turn provide supports to students. A research-based curriculum provides the foundation for an education program designed to boost overall wellbeing.

- **Renton Technical College, Clover Park Technical College, and Lake Washington Institute of Technology:** Intercollegiate Collaboration in Mental Health Counseling: Support for the Campus Mental Health Counselor

Going it alone in providing mental health counseling can be a challenge for counselors from smaller schools. Learn how three Puget Sound technical colleges partnered for case consultation, support, and developing best practices in mental health counseling.

### **Mental Health Counseling & Services Pilot Program – [A Brief Update on the Four Pilot Schools](#)**

Learn about the highlights of what our four pilot colleges have accomplished in their first year of pilot funding.

**Registration is now open – [Register now!](#)**