

Support a Healthy Minded Campus

Provide faculty and staff with information to navigate personal and community mental wellness.

A WHOLE CAMPUS MENTAL WELLNESS SOLUTION

A recent study by the JED Foundation found that in 2020, a high proportion of students are dealing with anxiety (82%), followed by social isolation/loneliness (68%), depression (63%), trouble concentrating (62%), and difficulty coping with stress in a healthy way (60%).

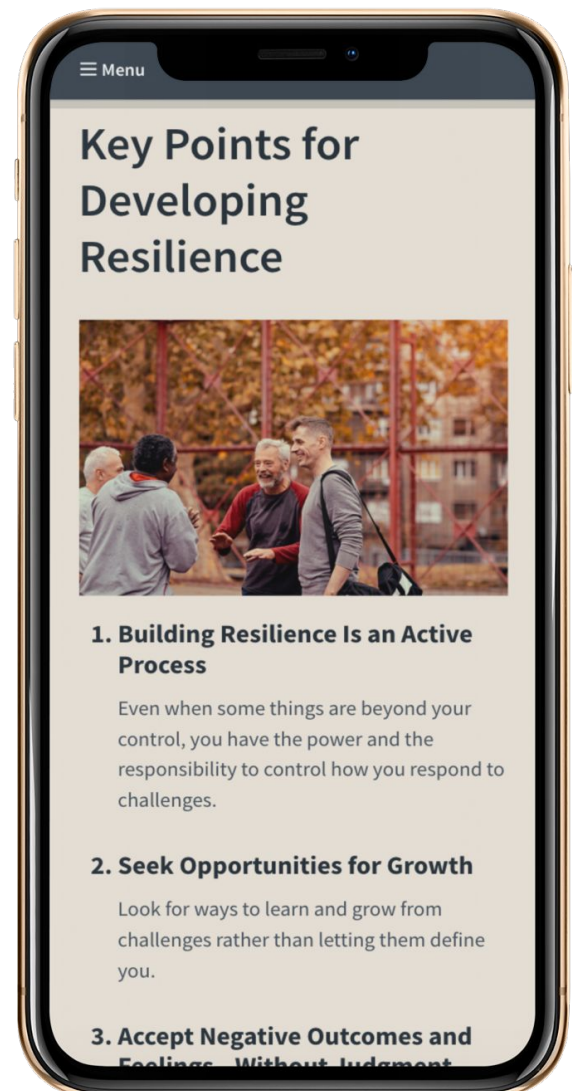
Additionally, adults across the country report being unable to manage personal and family mental health.

With EVERFI Elevate, your institution can provide personalized education at scale to maintain or improve the well-being of your campus communities and drive measurable change.

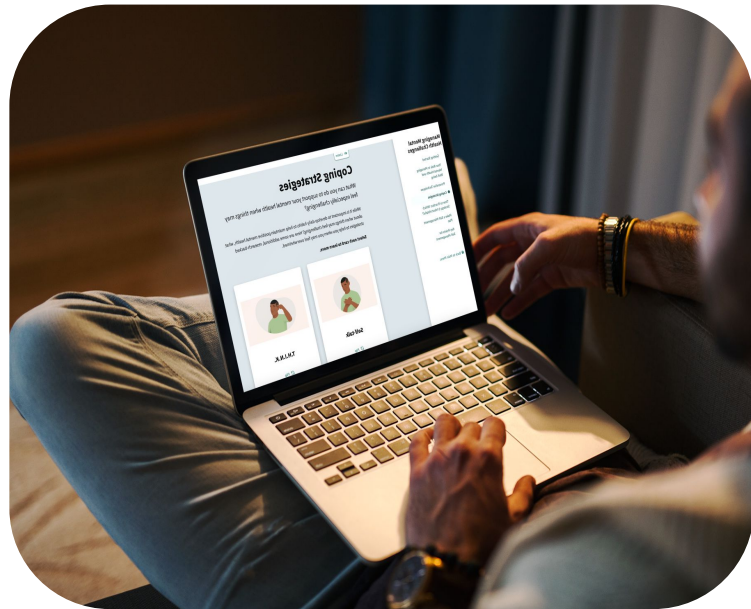
Topics Include

- Mental Well-Being Basics
- Managing Mental Health Challenges
- Developing Resilience
- Supporting Loved Ones with Mental Health Challenges
- Building Strengths & Developing Motivation*
- Strategies for Stress Management*

*Coming in June 2021.



SOLUTION DETAILS & BENEFITS



Configurable

Build a branded experience with standard and premium configurations



Mobile First

Learners can take the course whenever and wherever



Analytics & Reporting

Track learner progress and completion data through EVERFI's administrative dashboard



Streamlined Administration

Automatically assign courses and send email reminders to your learners

Tailored to Your Learners

Learning is designed to be available just-in-time

- Short, specific modules
- Available whenever learners have questions
- Designed to provide insight on pressing mental-wellness topics
- Actionable next steps keep learners engaged

Course Details

- **Format:** Digital mini modules
- **Audience:** Faculty and Staff
- **Seat Time:** 20-30 minutes
- **Languages:** English

Learning Features

- Scenario-based question and answer
- Drag and drop activities
- Expanding screens
- Flip cards
- Scrollable carousels



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EVERFI, Inc. is the leading education technology company that provides real-world education to learners of all ages through innovative and scalable digital learning.