

## Winter 2021 & Spring 2021 Eligibility Information

**Cross Country**

* Initial eligibility report completed prior to the first contest.
* \*Eligibility report to be submitted via adjusted eligibility form.

**Starting Contests before Winter Grades**

* If participating in March, **initial eligibility report** is due on or before the first contest.  After grades are posted, a second initial eligibility report is due by the third Monday of the quarter.
* \*Eligibility reports to be submitted via adjusted eligibility form.

**Starting Contests after Winter Grades are Posted**

* If the first contest starts after winter grades are posted, **the initial eligibility report** is due on or before your first contest.  **The 10-day eligibility report** will be due by the third Monday of the quarter.
* \*Eligibility reports to be submitted via adjusted eligibility form.

**\*Please note the following:**

^This particular eligibility form is to be done via the Excel spreadsheet provided.

**^Credits from FQ and WT are only used to calculate second year total credits. There is no previous quarter credit rule for the 21 season.**

^Keep a copy of your spreadsheet and send a copy to the NWAC office based on the above.