# Update: COVID-19 Q& A

**(Q1)** Is the 14-day quarantine Out of State travel guideline mandatory if a coach leaves Washington for a weekend?

**(A1)** Under section 7 of the NWAC Health & Safety Policies Manual, personal travel is to be defined by the institution, and if committed by a student-athlete or other personnel, it represents a risk of infection to the team/institution, so they must be placed on a 14 day quarantine.  We can mandate that athletes do this. It is the institution’s policy for employees.

**(Q2)** With some Washington regions going to phase 2, if a student-athlete leaves a Phase 2 region and travels to another Phase 2 region, will she have to quarantine for 14 days?

**(A2)** Each member college should define personal travel zone and its purpose. If this travel falls under the definition of personal travel, the pre-defined zone, and its purpose as determined by the institution then yes the student-athlete would have to quarantine.

**(Q3)** Are NWAC member colleges traveling to play teams in Oregon or Idaho subject to the Governor’s quarantine restrictions?

**(A3)** At this time yes. The Governor’s recommendation is that when the public travels out of state, when upon returning to Washington they should quarantine.

**(Q4)** Can student-athletes test out of phases?

**(A4)** Student-athletes may not test out and/or skip a phase.

**(Q5)** If softball starts their Red phase today and one of the players on the team started her Grey phase 1 week after the rest of the team, when the team goes to Yellow phase in two weeks does that one girl have to stay in Red phase by herself and do individual workouts only or can she join the team in the Yellow phase right away?

**(A5)** Student-athletes may not test out and/or skip a phase.

**(Q6)** A student-athlete is in the red phase and goes home to another region for the weekend. When the student-athlete returns to school does the student-athlete start the red phase over again or can they advance to the phase the team is in?

**(A6)** Upon returning back to campus from the weekend, the student-athlete must begin the quarantine for personal travel and would return to the previous phase they were in.

**(Q7)** A student-athlete is getting a vaccine shot in a few days in his home county which is a different country from the member college he attends. He gets the shot and the next day wants to practice. Does he have to quarantine for 14 days?

**(A7)** No. Documented medical visits are exempt from travel restrictions.

**(Q8)** Are face masks required?

**(A8)** At this time facial coverings required for all coaches, volunteers, and athletes at all times, including competitions. For golf, more specific details on masks will be forthcoming.

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**(Q9)** If other collegiate conferences are not wearing masks during practice/competitions, why are NWAC coaches and student-athletes required to wear masks.

**(A9)** Other collegiate conferences in the Pacific Northwest whose student-athletes/coaches are not wearing masks during practice and competition are allowed to do so because they have implemented weekly comprehensive surveillance testing, as required by NCAA and NAIA COVID-19 standards, and have received permission to do so from the states.

**(Q10)** Will sophomore waivers count against team totals for 2021-2022?

**(A10)** Returning sophomore SA’s who are granted a season waiver/grant in aid will not count towards the maximum allowable grant in aid’s per sport for 2021-2022.

**(Q11)** If student-athletes were ineligible spring of 2020 how do they become eligible?

**(A11)** Student-athletes who were ineligible spring of 2020 need to use subsequent quarters to meet the 10-credit rule during the 20-21 academic year.

**(Q12)** If student-athlete completes her AA degree winter quarter 2021 yet wishes to compete in Spring 2021 does she have to enroll full-time?

**(A12)** If the student-athlete earns their AA degree at the conclusion of winter quarter or will receive their AA degree at the conclusion of spring quarter 2021, may petition the NWAC office to enroll less than full-time. If the student-athlete has aspirations of continuing to play at the next level, it is in his/her best interest to have discussions with representatives from the four-year institutions to ensure her eligibility at the next level.

**(Q13)** Because of the consolidation of seasons into winter and spring quarters, how will eligibility reports be handled?

**(A13)** Starting Contests before Winter Grades**-**If participating in March, **initial eligibility report** is due on or before the first contest.  After grades are posted, a second initial eligibility report is due by the third Monday of the quarter. Starting Contests after Winter Grades are Posted-If your first contest starts after winter grades are posted, **the initial eligibility report** is due on or before your first contest.  **The 10 day eligibility report** will be due by the third Monday of the quarter. Cross Country-Initial eligibility report completed prior to the first contest. An adjusted eligibility report will be made available early next week.